

CDBAMH

CERTIFICATION IN DEVELOPMENTAL, BEHAVIOURAL & ADOLESCENT MENTAL HEALTH

**From the developing child
to the emerging adult.**

**An 8-month advanced
certification programme
for paediatricians,
physicians and general
practitioners.**



**8 MONTHS | HYBRID | AI-ENABLED | PERSONALISED
MENTOR-LED**

PROGRAMME COMMENCES 15 SEPTEMBER 2026

THE CDBAMH LEARNING EXPERIENCE

A NEW WAY TO LEARN, BUILT FOR THE BUSY PHYSICIAN.

An AI-enabled learning environment guides physicians through content, clinical cases, learning activities and reflection in a structured, personalised sequence. Technology supports the learning. Clinical expertise leads it.

Powered By



FOUR CONNECTED DOMAINS

DEVELOPMENT & NEURODEVELOPMENT

- Developmental delays • ASD • ADHD
- Learning difficulties
- Neurodevelopmental trajectories

BEHAVIOUR & EMOTIONAL HEALTH

- Self-regulation • Executive functioning • Anxiety
- Mood • Emotional wellbeing • Family dynamics
- Behavioural approaches

ADOLESCENCE & MENTAL HEALTH

- Puberty • Identity • Autonomy • Relationships
- Psychosocial development • Risk behaviours
- Resilience • Transition to adulthood

DIGITAL & CONTEMPORARY HEALTH

- Digital wellbeing • Healthy technology use
- Social media and mental health • Online risks
- Sleep and screen use • Digital behaviours

THE LEARNING CYCLE

LEARN → APPLY → REFLECT → DEVELOP COMPETENCE

ONE CONNECTED LEARNING JOURNEY FROM KNOWLEDGE TO CLINICAL PRACTICE.

FROM KNOWLEDGE TO CLINICAL PRACTICE

What you will develop

Competencies for developmental, behavioural and mental health care across childhood and adolescence.

01 — Assess development

Conduct comprehensive developmental surveillance and assessment across childhood and adolescence.

02 — Recognise and reason

Identify red flags and neurodevelopmental presentations, including ASD, ADHD and learning difficulties, and formulate appropriate differentials.

03 — Assess behaviour

Approach behavioural concerns systematically, exercise clinical judgement, and initiate appropriate management and support.

04 — Understand the adolescent

Conduct developmentally appropriate psychosocial assessment and recognise emerging mental health concerns in developmental context.

05 — Counsel and guide

Communicate effectively with children, adolescents and families, and provide evidence-informed counselling and early intervention guidance.

06 — Navigate the digital world

Recognise the impact of technology, social media, screen use and digital environments on adolescent wellbeing and development.

007 — Coordinate care

Recognise when multidisciplinary support is required and coordinate appropriate intervention and referral pathways..

08 — Practise responsibly

Apply ethical, legal, culturally sensitive and professionally responsible approaches to clinical practice and documentation.

A PROGRAMME BUILT AROUND CLINICAL COMPETENCE

CBME-APPLICABLE

Focused on what physicians should know, do and demonstrate in practice.

SKILLS IN PRACTICE

Case-based learning, clinical reasoning, assessment and communication.

MENTOR-LED APPLICATION

Expert guidance connecting learning to real-world care.

ADMISSIONS OPEN

BUILD CONFIDENCE. STRENGTHEN CLINICAL PRACTICE.

WHO IS CDBAMH FOR?

Paediatricians • Physicians • General Practitioners

For clinicians caring for children and adolescents who want to strengthen their ability to recognise, assess and respond to developmental, behavioural and mental health concerns.

PROGRAMME DETAILS

DURATION:	8 months
FORMAT:	Hybrid AI-enabled personalised learning + mentor-led clinical application
FRAMEWORK:	CBME-applicable
COMMENCES:	15 September 2026
PROGRAMME FEE:	₹80,000 Plus GST
CERTIFICATION:	Certification in Developmental, Behavioural & Adolescent Mental Health

FACULTY



Prof. K. Raman
Child and Adolescent Psychiatrist



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